

# Memory Care

## Life Enrichment Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7:30 Music	7:30 Music	7:30 Music	7:30 Music	7:30 Music	7:30 Music	7:30 Music
8:00 Breakfast	8:00 Breakfast	8:00 Breakfast	8:00 Breakfast	8:00 Breakfast	8:00 Breakfast	8:00 Breakfast
8:30 Music	8:30 Music	8:30 Music	8:30 Music	8:30 Music	8:30 Music	8:30 Music
9:00 Looking Good	9:00 Looking Good	9:00 Looking Good	9:00 Looking Good	9:00 Looking Good	9:00 Looking Good	9:00 Looking Good
9:30 What's New	9:30 What's New	9:30 What's New	9:30 What's New	9:30 What's New	9:30 What's New	9:30 What's New
10:00 Coffee and Snacks	10:00 Coffee and Snacks	10:00 Coffee and Snacks	10:00 Coffee and Snacks	10:00 Coffee and Snacks	10:00 Coffee and Snacks	10:00 Coffee and Snacks
10:30 Exercise	10:30 Exercise	10:30 Exercise	10:30 Exercise	10:30 Exercise	10:30 Exercise	10:30 Exercise
11:00 The Answer Is...	11:00 The Answer Is...	11:00 The Answer Is...	11:00 The Answer Is...	11:00 The Answer Is...	11:00 The Answer Is...	11:00 The Answer Is...
11:30 Helping Hands	11:30 Helping Hands	11:30 Helping Hands	11:30 Helping Hands	11:30 Helping Hands	11:30 Helping Hands	11:30 Helping Hands
12:00 Lunch	12:00 Lunch	12:00 Lunch	12:00 Lunch	12:00 Lunch	12:00 Lunch	12:00 Lunch
12:30 Toss Game	12:30 Toss Game	12:30 Toss Game	12:30 Toss Game	12:30 Toss Game	12:30 Toss Game	12:30 Toss Game
1:00 Group Poetry	1:00 Group Poetry	1:00 Group Poetry	1:00 Group Poetry	1:00 Group Poetry	1:00 Group Poetry	1:00 Group Poetry
1:30 Turner Movies	1:30 Turner Movies	1:30 Turner Movies	1:30 Turner Movies	1:30 Turner Movies	1:30 Turner Movies	1:30 Turner Movies
2:00 Balloon Games	2:00 Balloon Games	2:00 Balloon Games	2:00 Balloon Games	2:00 Balloon Games	2:00 Balloon Games	2:00 Balloon Games
2:30 Create a Snack	2:30 Create a Snack	2:30 Create a Snack	2:30 Create a Snack	2:30 Create a Snack	2:30 Create a Snack	2:30 Create a Snack
3:00 Snacks	3:00 Snacks	3:00 Snacks	3:00 Snacks	3:00 Snacks	3:00 Snacks	3:00 Snacks
3:30 Afternoon Walk	3:30 Afternoon Walk	3:30 Afternoon Walk	3:30 Afternoon Walk	3:30 Afternoon Walk	3:30 Afternoon Walk	3:30 Afternoon Walk
4:00 Helping Hands	4:00 Helping Hands	4:00 Helping Hands	4:00 Helping Hands	4:00 Helping Hands	4:00 Helping Hands	4:00 Helping Hands
4:30 Dinner	4:30 Dinner	4:30 Dinner	4:30 Dinner	4:30 Dinner	4:30 Dinner	4:30 Dinner
5:00 Helping Hands	5:00 Helping Hands	5:00 Helping Hands	5:00 Helping Hands	5:00 Helping Hands	5:00 Helping Hands	5:00 Helping Hands
5:30 Adopt a Pet	5:30 Adopt a Pet	5:30 Adopt a Pet	5:30 Adopt a Pet	5:30 Adopt a Pet	5:30 Adopt a Pet	5:30 Adopt a Pet
6:00 Sing-Along	6:00 Sing-Along	6:00 Sing-Along	6:00 Sing-Along	6:00 Sing-Along	6:00 Sing-Along	6:00 Sing-Along
6:30 Table Games	6:30 Table Games	6:30 Table Games	6:30 Table Games	6:30 Table Games	6:30 Table Games	6:30 Table Games
7:00 Movement and Music	7:00 Movement and Music	7:00 Movement and Music	7:00 Movement and Music	7:00 Movement and Music	7:00 Movement and Music	7:00 Movement and Music

